



**CPC 2017
ANDY STENZ**

POINTING THE COMPASS

Excellence is never an accident. It is always the result of **high intention**, sincere effort, and intelligent execution. It represents the wise choice of many alternatives.

Choice, not chance, **determines your destiny**.

Aristotle



Don't let your life pass you by; just happen to you. It's too short. Instead, be **intentional** in everything you do.

Life is a more **full and rewarding** when you intentionally **point** it in the direction you want to go.

Andy



Mark

What is it you actually want? What's your direction? What direction are you (or is society) currently pointed in?

Motivation

"Why?" & "So that..." Go deep. Be honest. Don't cheat yourself. Have others hold space and ask questions. Be mindful.

Map

Where are you now? What's the terrain look like where you're heading? What do you need to plan ahead for? What tools will you need?

Momentum

Getting started is hard but necessary. Start small. Bit by bit. Answer to someone you can trust to push and encourage you.

Milestones

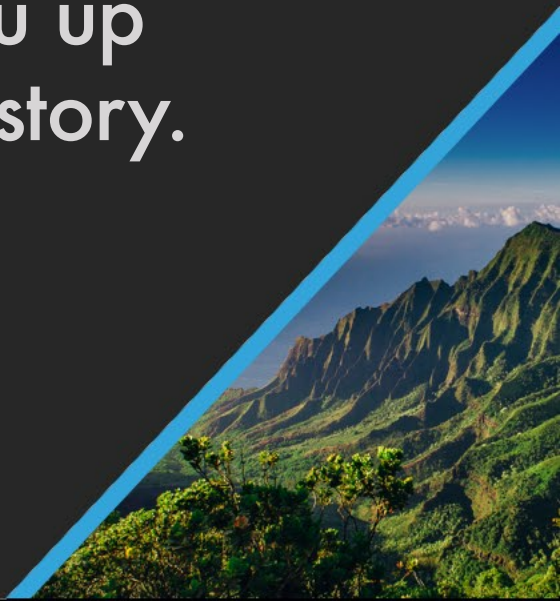
Create opportunities to celebrate your wins. You're on your way! A small dance, a special treat, a big vacation. You earned it.

Mastery

When intentions are reached or become automatic it frees you up to move to the next. Life builds on itself. Keep adding to your story.

Meaning

You have a new way to give back to the world. Do.



Let me know how it's going!

I'd love to hear about your wins, your struggles, and your progress.
Drop me a line and fill me in. Let's celebrate together!

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